

WWW.RAMARA.CA/RECREATION

# **CONNECT TO YOUR TOWNSHIP**

There are many ways to stay informed, connected and engaged in Ramara.



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Ramara Monthly Bulletin ramara.ca/subscribe



Council and Committee Agendas ramara.civicweb.net



Community Calendar ramara.ca/subscribe



Paperless Billing ramara.ca/paperless



YouTube Channel **Township of Ramara** 

# ONLINE SERVICES



**Applications and Permits** www.ramara.ca



Pay a Bill

www.ramara.ca/payabill



Community Engagement www.ramara.ca/haveyoursay



Interactive Maps www.ramara.ca/maps



Report a Concern www.ramara.ca/reportit



Job and Volunteer Opportunities www.ramara.ca/employment



# 2022-2026 COUNCIL



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Mayor
bclarke@ramara.ca
705-484-5374 ext. 246



Keith Bell Deputy Mayor kbell@ramara.ca 705-333-9582



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705-985-225



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Joe Gough Ward 4 Councillor jgough@ramara.ca 705-283-3553



Sherri Bell Ward 5 Councillor sbell@ramara.ca 705-484-5374 ext. 231

# **MAYOR'S MESSAGE**

#### Welcome to the 2025 Fall Recreation Guide!

It's been a hot, busy summer here in Ramara, with plenty of events, activities, and community gatherings keeping everyone on the go. As families get ready for back to school, we're gearing up for back to fall programming. Whether you're looking to try something new, stay active, or reconnect with the community, we've got a busy season ahead.

This year, we were fortunate to receive provincial funding to help upgrade the Ramara Centre, including improvements to the ball diamond and playground, and to support the continuation and growth of our Seniors' Social program. These investments will help keep our facilities in great shape and provide more opportunities for seniors to connect, stay active, and take part in engaging activities.

In this guide, you'll find something for everyone from Tiny Chemists and Fizz! Bang! Science! for young explorers, Learn to Dance, Mini Movers Cheer Club, and 3-on-3 Basketball for active kids and teens, plus Thursday Night Lights youth football. Adults can take part in Yoga, Zumba, Stretch and Strength Fusion, Line Dancing, and our ever-growing Pickleball program. Resident registration opens August 20, 2025, so sign up early to secure your spot. Let's make the most of the season ahead and keep Ramara active this fall.

On behalf of Council and Township staff, I wish you a healthy and safe fall.



Mayor, Basil Clarke



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# REGISTRATION

Resident Registration
Opens August 20, 2025 @ 12 p.m

Non - Resident Registration Opens August 27, 2025 @ 12 p.m

#### **How Do I Register?**

Ramara Recreation has **three ways** you can register for all your recreation needs.

#### **Online**

To register online, go to <u>ramara.ca/recreation</u> and click the "Programs and Courses" icon.
Once you are on the "Programs and Courses" page, click on the button that says "Online Registration." A new window will pop up on Ramara's Xplor Recreation page, where you can sign in if you have participated in programs with us before or sign up for a new account.

#### By Phone

To register over the phone, call the Ramara Centre at 705-325-3091. Our staff will search for or make you an account and get you signed up for your program.

#### In Person

Stop by the Ramara Centre at 5482 Highway 12, Monday to Friday, 9 a.m. - 4:30 p.m. Our staff will greet you at the front office, where they can register you. In person, we accept debit and credit payments only.



# **GENERAL GUIDELINES**

#### **Food and Beverage**

To ensure a clean and enjoyable environment for everyone, we kindly ask that only water be brought into the gym at our facility. Staying hydrated during your activities is crucial, so feel free to bring your water bottles. Let's work together to create a fantastic recreational experience for all!

# **POLICIES**

#### First-Come, First-Served

Please note that registration is on a first-come, first-served basis. We encourage you to sign up **online** to secure your spot in our sought-after programs. Online registration guarantees your place and provides a convenient and efficient way to secure your spot. Don't miss out on the opportunity to be part of our exciting programs – registration will open on the dates stated on the previous page.

#### **Payments**

To ensure a smooth payment process, we offer multiple options for your convenience. In person, we accept both debit and credit card payments. For online transactions, we accept credit cards. Please note that all programs must be paid for at the time of enrollment. This policy helps us secure your spot in the desired program and allows us to plan and organize our activities effectively.

#### Gym Upkeep

At our facility, we value the importance of maintaining a clean and welcoming space for all visitors. As part of our policy, we kindly request that everyone leaves the area just as they found it and takes responsibility for cleaning up any garbage or litter they generate. By upholding this principle, we ensure a pleasant experience for every individual and contribute to the overall well-being of our community.

#### Photo and Video Policy

Your privacy is important to us. As part of our photo consent policy, we kindly request that you inform our office staff if you do not wish to grant photo consent. Pictures taken during our programs may be used for future marketing purposes, but we respect your decision to opt-out. If you choose not to provide photo consent, rest assured that your privacy will be respected, and we will ensure that your images are not used for any marketing materials.

#### **Refund Policy**

We understand that circumstances may change, and plans may need to be adjusted. If you wish to withdraw from a program, a 10% administrative fee will be applied to process the refund. We aim to provide a fair and efficient refund process, and this fee helps cover the administrative costs associated with handling the refund request. Please contact our office to initiate the refund process, and we will be more than happy to assist you.





#### **Tiny Chemists**

4Y - 6Y

Get ready to mix, fizz, bubble, and explore! Tiny Chemist is a hands-on science program designed especially for curious little minds. Through fun and safe experiments, young scientists will discover the magical world of chemistry—learning how everyday ingredients can create big reactions!

#### **WEDNESDAYS**

5:30 - 6:30 PM

Start	End	Duration	Fee	Location
Sep 24	Oct 29	6 Weeks	\$35	Ramara Centre



#### **Learn to Dance**

4Y - 8Y

Join Kalia as she teaches you all different types of dance styles to all your favourite songs! If you haven't danced before or you want to learn more and brush up on skills you already have, this class is perfect for you!

#### **WEDNESDAYS**

5:00-6:00 PM

Start	End	Duration	Fee	Location
Sep 17	Oct 8	4 Weeks	\$25	Ramara Centre



#### Fizz! Bang! Science

7Y- 10Y

Get ready for a wild ride through the world of science! Fizz! Bang! Science! is an action-packed program where kids become real scientists—asking questions, making predictions, and creating explosive (but safe!) experiments. From bubbling potions and erupting volcanoes to magnetic mayhem and colour-changing chemistry, this hands-on program brings science to life in the most exciting way. Designed for curious minds and energetic learners, each session is full of experiments that fizz, pop, ooze, and wow!

#### **WEDNESDAYS**

6:30 - 7:30 PM

Start	End	Duration	Fee	Location
Sep 24	Oct 29	6 Weeks	\$35	Ramara Centre



#### **Mini Cheer Stars**

4Y-7Y

Get ready to jump, shout, and sparkle! Mini Cheer Stars is the perfect introduction to the exciting world of cheerleading for young children ages 4–7. This high-energy program focuses on building confidence, coordination, and team spirit, all through fun, age-appropriate cheer activities. Each session includes basic cheer motions, simple chants, beginner tumbling, and playful dance routines designed to get little bodies moving and little faces smiling. With a focus on teamwork and fun, children will learn the foundations of cheer in a safe, supportive environment.

#### **TUESDAYS**

5:00 - 6:00 PM

Start	End	Duration	Fee	Location
Sep 9	Sep 30	4 Weeks	\$25	Ramara Centre





#### **Youth Baseball**

12Y-15Y

Whether you know the basics or you've played on a team before, our youth baseball program will focus on fundamentals of baseball, player development and teamwork. Youth baseball will run two nights a week. On Tuesdays, players will practice and on Wednesdays player will play a game.

**TUESDAYS + WEDNESDAYS** 

6:30 - 7:30 PM

Start	End	Duration	Fee	Location
Sep 9	Oct 14	6 Weeks	\$60	Ramara centre



#### **Thursday Night Lights**

11Y - 15Y

Experience the thrill of the game under the lights with fast-paced, non-contact football action. Players will develop their skills, learn teamwork, and enjoy friendly competition in a fun, supportive environment. Whether you're a seasoned player or new to the game, this program is perfect for everyone who loves flag football. Come join us and make your Thursday nights unforgettable!

#### **THURSDAYS**

5:00 - 7:00 PM

Start	End	Duration	Fee	Location
Sep 4	Oct 9	6 Weeks	\$60	Ramara centre



#### 3 on 3 Basketball

10Y - 14Y

Join us at Lovely Day Park for a fast paced 3 on 3 basketball program at the new outdoor sports court. A dynamic skillsfocused league designed for young players at all ability levels. Whether your child is new to basketball or already a budding athlete, 3-on-3 is a great way to build confidence, develop fundamental skills, and stay active.



5:00 - 6:00 PM

Start	End	Duration	Fee	Location
Sep 3	Sep 24	4 Weeks	\$40	Lovely Day Park





#### RAMARA YOUTH ACTION COUNCIL

Join us October 17 and December 12



#### OCT. 17 HALLOWEEN DANCE

\$5 Entry \$2 Concession Join us for a spooky Halloween themed dance! There will be prizes for best costume and lots of door prizes!

**Grades 1 -3** with parental supervision 6:00 - 7:00 p.m.

Grades 4-8 7:30 - 9:30 p.m.



#### DEC. 12 HOLIDAY CELEBRATION

Come and spread holiday cheer at the Ramara Centre! There will be prizes for best costume and lots of door prizes!

\$5 Entry \$2 Concession

Grades 1 -3 with parental supervision 6:00 - 7:00 p.m.

Grades 4-8 7:30 - 9:30 p.m.

Parents are now required to come in to the building to sign their children in and out of the youth dances!

# YOUTH



# Make a difference for youth in your community!

## **Key Highlights**

- Monthly Meetings
- Events
- Socials
- Volunteer Opportunities

Grades 7+

Contact Information: aharpereramara.ca





# PD DAY PROGRAMS

AGES 6-12 | 10 a.m - 2 p.m

FRIDAY, SEPTEMBER 26
FRIDAY, OCTOBER 24
FRIDAY, NOVEMBER 14



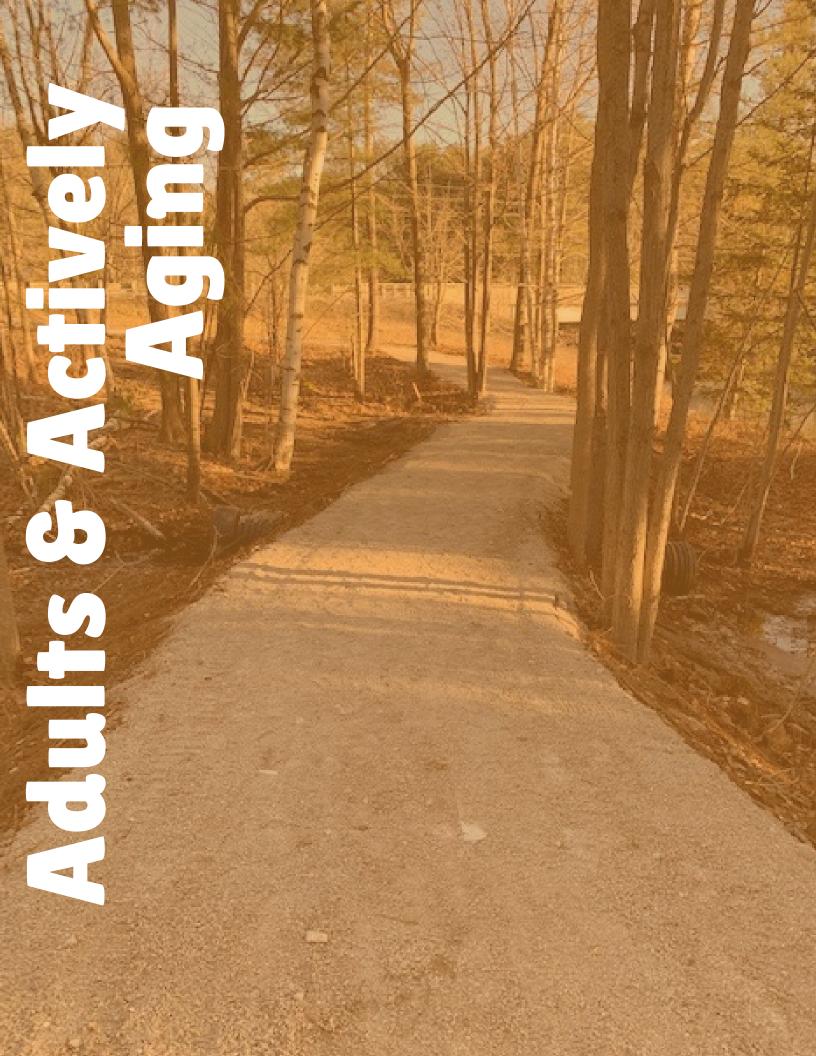
# Cost:

\$10



A partnership between Ramara Library and Ramara Recreation.

We thank the Friends of the Ramara Library for sponsoring this program. REGISTRATION REQUIRED



#### Yoga

Relaxation to calm your mind, body and soul. Join Kathy for a natural form of exercise using strength poses for muscle toning and core stability. Bring a mat or towel and wear comfy clothing.

#### **THURSDAYS**

9:30 - 10:30 AM

Start	End	Duration	Fee	Location
Sep 11	Oct 30	8 Weeks	\$60	Ramara centre



#### **Stretch and Strength Fusion**

Enjoy a blend of strength training to sculpt your body from head to toe followed by a series of stretches to improve your mobility and range of motion. Suitable for all ages and fitness levels.



12:30 - 1:15 PM

Start	End	Duration	Fee	Location
Sep 10	Oct 29	8 Weeks	\$55	Ramara centre



#### **Evening Yoga**

Busy during the day? Evening yoga is perfect for you! Join Kathy for a natural form of exercise using strength poses for muscle toning and core stability. Bring a mat or towel and wear comfy clothing!

#### **TUESDAYS**

6:30-7:30 PM

Start	End	Duration	Fee	Location
Sep 9	Oct 28	8 Weeks	\$60	Ramara centre





#### **Line Dancing**

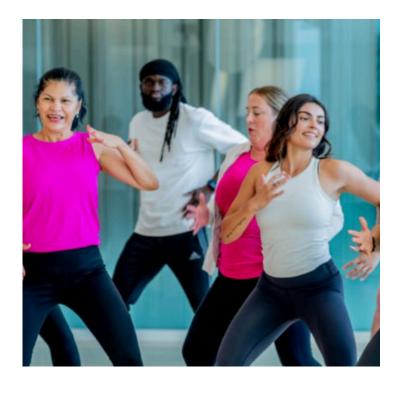
Line Dancing offers many positive benefits to your overall health. It is an enjoyable, social form of overall exercise that is highly beneficial to everyone. Line Dancing burns calories, builds muscle, and improves cardiovascular condition. Remembering dance steps exercises and improves your memory skills. Come join us for a fun evening for beginner to intermediate dancers. Beginners 6-7 p.m. and Beginner to Improver 7-8 p.m. No class October 13.

MONDAYS

6:00 - 8:00 PM

Start	End	Duration	Fee	Location
Sep 8	Nov 3	8 Weeks	\$60	Ramara centre





#### Zumba

Are you ready to party yourself into shape? Zumba is an effective fitness system incorporating Latin and modern music to target your muscles and overall heart health. Whether you are an experienced Zumba dancer or a beginner, classes are adapted and cues are given to get you dancing like a pro. Adaptable for all ages and fitness levels.

**THURSDAYS** 

6:00-7:00 PM

Start	End	Duration	Fee	Location
Sep 11	Oct 30	8 Weeks	\$60	Ramara centre



# **PICKLEBALL**

Come out and get involved in a fantastic sport here at the Ramara Centre! Keep fit while having fun, learn the rules, play the game and meet lots of great people. Once registered, you will be given a link to our online pickleball times. No more than four people per court. If you can not attend your scheduled game, it is your responsibility to connect with your fellow players if you need a substitute. The substitute will play at no extra cost.

#### **Session One**

Sta	ırt	End	Duration	Fee	Location
Se 8	р	Oct 31	8 Weeks	\$54	Ramara Centre

#### **Session Two**

Start	End	Duration	Fee	Location
Nov 3	Dec 12	6 Weeks	\$40	Ramara Centre

Pickleball time slots are subject to change based on holidays, PD Days and service interruptions

To ensure fair access due to the high demand for pickleball, we are implementing the following policies:

- Participants are guaranteed up to two play sessions per week.
- If additional spots are available for the next day, you may reserve one after **4:30 p.m.** the day before.

**Important:** If you do not play for two consecutive weeks without notifying the office, you will be withdrawn from the program. A prorated refund for the remaining weeks will be issued, and your spot will be offered to someone on the waitlist.

#### **Pickleball Time Slots**

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:55 a.m.	9:00 - 9:55 a.m.	9:00 - 9:55 a.m.		
10:00 - 10:55 a.m.	10:00 - 10:55 a.m.	10:00 - 10:55 a.m.		
11:00 - 11:55 a.m.				
12:00 - 12:55 p.m.	12:00 - 12:55 p.m.		12:00 - 12:55 p.m.	12:00 - 12:55 p.m.
1:00 - 1:55 p.m.				
2:00 - 2:55 p.m.		2:00 - 2:55 p.m.	2:00 - 2:55 p.m.	2:00 - 2:55 p.m.
3:00 - 3:55 p.m.		3:00 - 3:55 p.m.	3:00 - 3:55 p.m.	3:00 - 3:55 p.m.







A monthly workshop for community members 65+ come together and spend time learning about trending topics, exercising and being creative





10:00 a.m.-12:00 p.m.



new guest speaker every month

## Coming This Fall / Winter

- September 29 Matthew Jenkins, RBC
- October 27 Alzheimer's Society Topic
- November 24 To be determined

#### **REGISTRATION IS FREE**

#### **SIGN UP NOW**

Each session will feature a one-hour guest speaker, followed by a refreshment break, and then a fun activity such as chair exercises, trivia, or an art project.

www.ramara.ca/recreation

# Fall in **love** with your **library** this fall!

# Do you have a library card?

Anyone who lives, runs a business or goes to school in Ramara is eligible! Get started online or visit your local branch.

# Why join us:

- Access eResources such as tutoring help, educational courses, Ancestry etc.
- Borrow items from our 'Library of Things'.
- Enjoy free programming for all ages.
- Borrow materials such as books, movies, video games, tablets, audiobooks, large print and more!



Stay tuned for fall programming!



Interested in volunteering? Become a Friend of the Library!





# **MEET OUR INSTRUCTORS...**



#### **Kathy Backway**

Yoga

Kathy Backway feels blessed to have been teaching yoga for over 15 years and enjoys her time at the Ramara Centre and resorts in the area. Kathy's philosophy: Yoga means to yoke or to join. We are essentially joining the light in our hearts. We are coming together in happiness joy and love to make the world a better place.



#### **Jacqueline Burlock-Bowes**

**Fitness** 

Certified CANFITPRO Group Fitness Instructor, Personal Trainer and Healthy Eating Coach. Fitness has been part of my life for 35+ years, I have had the pleasure of teaching and sharing my passion for movement for about 17 of those years. It's great for your body and your mind; exercise has kept me physically and mentally strong, centred and sane while raising five children and handling life's many ups and downs. With experience in many different types of class formats, I am able to add variety, creativity and fun, all with a smile to keep you coming back for more.



**Dawn Cox** 

Line Dancing

Dawn moved to the Ramara area in 2003 and started taking line dancing classes at the Ramara Centre in 2004. She felt that the dancing was great exercise and the group was so much fun she had to keep it going. In 2016, the past instructor felt it was time to retire and Dawn and a friend took over the classes. When her friend moved away in 2018, Dawn continued teaching the classes at the Ramara Centre and in other areas in the vicinity. She enjoys meeting other line dancers and finds the experience of teaching and dancing to be fun, healthy and very rewarding.



Julie Clarke

Zumba

Julie chose to become a Zumba instructor in 2013. After retiring from her high school teaching career in 2017, Julie began teaching Zumba for the Township of Ramara, among other places. Julie is an energetic teacher who loves music, and all things dance. Julie hopes she gets the chance to welcome you to the wonderful world of Zumba this Fall.



# **MEET OUR INSTRUCTORS...**



#### Kalia Moreau

#### Learn to Dance

Kalia Moreau, a dedicated student at Patrick Fogarty Catholic High School in Orillia, embarked on her dance journey at three years old, instantly captivated by performing. For the past decade, she's honed her skills, spending seven years as a competitive dancer at Tapps Performing Arts, mastering ballet, jazz, lyrical, contemporary, and recently achieving her dream of dancing on pointe.



#### Holly McMeekin

#### Cheer Programs

Holly is a dedicated student at Twin Lakes Secondary School in Orillia. Holly is also very dedicated to cheer, she cheerleads and also coaches younger groups of kids. In her spare time she enjoys camping with her family and friends.



#### Sarah Brodie

#### Science Programs

Sarah recently earned a Bachelor of Medical Sciences from Western University and is currently pursuing her Bachelor of Education. Her love for science and teaching shines through in her role leading our science programs, where she creates exciting, hands-on experiences that spark curiosity. With a focus on fun, learning, and exploration, she's dedicated to making science come alive for every participant.



**Karley Smith** 

#### Flag Football

Karley is a dedicated student at Twin Lakes Secondary School in Orillia. In her spare time she enjoys playing flag football and hanging out with her friends. Karley is excited to meet new people and get to know all the friendly faces in our community!



#### **Recreation Staff**

The Ramara Recreation Team is made up of quality instructors who have a passion for implementing children's programs that support and promote physical, emotional and social development. With experience in all age groups, our amazing Recreation team looks forward to providing a fun and safe experience for the community this Fall.





## **RENTALS**

Discover a world of possibilities with our wide range of available rentals in the area! Whether you're planning a memorable outdoor adventure or hosting a special event, we have you covered. Our rental options cater to all your needs. Embrace the convenience of exploring our vibrant community and its offerings through our affordable and accessible rental services. Your next adventure starts here - browse our selection and make your reservation today!

	Ramara Centre	Udney Hall	Longford Mills	Brechin Park	Lovely Day Park
Banquet Hall	200	150	125		
Meeting Room	10			12	
Licensed		Yes	Yes		
Table and Chairs	8ft rectangle	8ft rectangle 8ft circular	4ft square, 6ft rectangle		
Off Leash Dog Park				Yes	
Diamond / Lights	Yes with Lights			Yes with Lights	Yes, no lights, junior sized
Soccer Pitch	Yes				
Washroom	Yes	Yes	Yes	Yes	
Portapotty Seasonal	Yes				Yes
Covered Pavilion				Yes	Yes
Playground				Yes	Yes
Unsupervised Beach					Yes
Picnic Tables	Yes				Yes



# LONGFORD MILLS COMMUNITY CENTRE

3854 Longford Mills Road, Longford Mills

**Contact: Ron Nickerson** 

Email: ronald.nickerson@sympatico.ca

Phone: 705-326-3146

#### **UDNEY COMMUNITY HALL**

2347 Concession Road 10, Brechin

**Contact: Theresa Robertson** 

Email: theresa.anne.robertson@gmail.com

Phone: 705-484-5482



#### **RAMARA CENTRE**

5482 Highway 12, Ramara

**Contact: Ramara Recreation Department** 

Email: recreation@ramara.ca

Phone: 705-325-3091

#### **BRECHIN PARK**

3227 Ramara Road 47, Brechin

**Contact: Ramara Recreation Department** 

Email: recreation@ramara.ca

Phone: 705-325-3091





## **LOVELY DAY PARK**

3 Winchester St, Atherley

**Contact: Ramara Recreation Department** 

Email: recreation@ramara.ca

Phone: 705-325-3091



# TRAILS AND CYCLING IN RAMARA

#### RAMARA TRAIL

The Ramara trail is 6 km long and part of the Trans Canada Trail. It starts at the Mnjikaning Fishing Weirs National Historic Site and continues north, following the abandoned CN rail line, through Casino Rama to Airport Road.





#### **LAGOON CITY TRAIL**

The Lagoon City trail is approximately 2.5 km long and runs off Laguna Parkway. The trail is home to various wildlife, including a heron rookery. Remember to be quiet around the heron rookery to help protect the herons during mating and nesting season.

#### **WASHAGO TRAIL**

The Washago Trail is approximately 13 km and is part of the Trans Canada Trail - the world's largest network of recreational multi-use trails. The Washago Trail starts in Washago and ends at Coopers Falls Road to connect to the Town of Gravenhurst trails.





#### **RAMARA CYCLING ROUTE**

Ramara's cycling route is an on the road route that is approximately 31.5 kms long and is divided up into two sections: Atherley to Bayshore Village and Lagoon City to Brock Township.

Learn about trails in Ramara at <a href="https://www.ramara.ca/trails">www.ramara.ca/trails</a>

